

Berry Good Waffle Sammie

INGREDIENTS

Serving size: 2

- 1 container Light & Fit Original Greek Blackberry nonfat yogurt (5.3 oz)
- 2 whole grain, toaster-style waffles
- 2 Tbsp. almond butter (or substitute with another nut butter)
- 1/3 cup berries (strawberries, blueberries, raspberries)
- 1 Tbsp. maple syrup
- 1 Tbsp. sliced toasted almonds

DIRECTIONS

1. Toast waffles until golden.
2. Spread almond butter evenly on the waffles and top with yogurt and berries.
3. Drizzle waffle with maple syrup and sprinkle with toasted almonds.

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Recipe courtesy of Dannon Light & Fit

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