

Tropical Smoothie

INGREDIENTS

serving size: 1

- 1 cup Cape Cod Select Frozen Cranberries Plus Pineapple, Mango, Banana
- 1/2 cup plain Greek yogurt
- 3/4 cup coconut water
- 1 Tbsp. honey (if desired)

DIRECTIONS

1. Add all ingredients in a blender.
2. Blend until smooth and enjoy!

For more recipes, visit EasyHomeMeals.com!

Brought to you by the National Frozen & Refrigerated Foods Association



Recipe courtesy of Cape Cod Select

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