Power Berry Smoothie Bowl

INGREDIENTS

serving size: 1

1 cup frozen Cape Cod Select Cranberries Plus Power Blend

1 1/2 medium bananas

3/4 cup Greek vanilla yogurt

1 serving vanilla protein powder

1/4 cup water

Honey biena chickpea snacks

1 Tbsp. almond butter

Chia seeds

2 sliced strawberries



Recipe courtesy of Cape Cod Select

DIRECTIONS

- 1. Slice 1/2 Banana and 2 fresh strawberries and set aside.
- 2. Combine Frozen Cranberries Plus Power Blend, 1 Medium Banana, 3/4 Cup Greek Vanilla Yogurt, 1/4 Cup Water, and 1 serving Vanilla Protein Powder in a blender. Blend until smooth but keep the mixture thick. This will help to keep your toppings afloat.
- 3. Pour smoothie mixture into a bowl.
- 4. Decorate smoothie bowl with sliced banana, sliced strawberries (from step 1), chia seeds, more Cranberries Plus Power Blend, Honey Biena Chickpeas, and drizzle almond butter.

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Brought to you by the National Frozen & Refrigerated Foods Association



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