**Abbreviated Rules - 2019 March Frozen Food Month $10,000 Sweepstakes**

**NO PURCHASE OR PAYMENT OF ANY KIND NECESSARY TO ENTER OR WIN. A PURCHASE DOES NOT INCREASE YOUR CHANCES OF WINNING.** Sweepstakes begins on 2/25/19 at 12:00:00 AM Eastern Standard Time (“EST”) and ends on 3/31/19 at 11:59:59 PM Eastern Daylight Savings Time (“EDT”). Sweepstakes open to legal residents of the fifty (50) United States, the District of Columbia and Puerto Rico who are the age of the majority within the jurisdiction from which they reside on the date of entry. (1) Grand Prize valued at $1,000 and (18) First Prizes each valued at $500 will be awarded. Total value of all prizes awarded: $10,000. Odds of winning depend upon the number of eligible entries received. Void where prohibited. Sweepstakes subject to complete Official Rules available at [www.easyhomemeals.com](http://www.easyhomemeals.com). **SPONSOR:** National Frozen & Refrigerated Foods Association, Inc., 4755 Linglestown Road, Suite 300, Harrisburg, PA 17112.