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**Suggested Social Media Content for 2022 June Dairy Month**

**Follow** [**EasyHomeMeals.com**](https://www.easyhomemeals.com/) **on social media:**

* [Facebook](https://www.facebook.com/EasyHomeMeals)
* [Instagram](https://www.instagram.com/_easyhomemeals/)
* [TikTok](https://www.tiktok.com/@easyhomemeals)
* [Pinterest](http://pinterest.com/easyhomemeals/)
* [Twitter](https://twitter.com/EasyHomeMeals)
* [YouTube](http://www.youtube.com/easyhomemeals)

**Hashtags to use during the June Dairy Month promotion:**

* #JuneDairyMonth
* #DairyandBeyond
* #Dairy

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Description automatically generated](https://nfraweb.org/wp-content/uploads/2019/03/EHM_10000_sweepstakes_June_png.png)**$10,000 Sweepstake Posts:**

* It’s June Dairy Month! Enter the $10,000 Sweepstakes from @EasyHomeMeals for a chance to win one of eighteen $500 supermarket gift cards or grand prize $1,000 supermarket gift card. <http://bit.ly/2RjlgTg> #JuneDairyMonth
* Win big with the June Dairy Month $10,000 Sweepstakes from @Easy Home Meals! Enter today: <http://bit.ly/2RjlgTg> #JuneDairyMonth
* What would you buy if you won a supermarket gift card? Enter the June Dairy Month $10,000 Sweepstakes from @EasyHomeMeals for a chance to win! <http://bit.ly/2RjlgTg> #JuneDairyMonth
* Time is running out, enter to win the June Dairy Month $10,000 Sweepstakes from @EasyHomeMeals! <http://bit.ly/2RjlgTg> #JuneDairyMonth

**Video Posts:**

* What's the relationship status between your freezer and cheese? It's complicated. Watch and learn to see which cheeses are safe to be frozen and for how long: <https://bit.ly/3Lrxkvr> #JuneDairyMonth
* Everyone’s Favorite Dirt Cups are so simple and adorable. The kids won’t be able to wait to dig in! <https://bit.ly/3KnxGld> #JuneDairyMonth
* Have too much milk that's about to expire? Watch to see if you can freeze milk here: <https://bit.ly/3Mt21R0> #JuneDairyMonth
* This beautifully delectable Orange Juice Cake from @ChefJamieGwen is easy to make and hard not to love! <https://bit.ly/37Obq6Q> #JuneDairyMonth
* Before you throw your eggs in the freezer, watch, and learn how to safely freeze eggs here: <https://bit.ly/3OHodc2> #JuneDairyMonth

**Recipe Posts:**

* Our Best Tortellini Salad from @EasyHomeMeals is simply out of this world! <https://bit.ly/3vlr56K> #JuneDairyMonth
* Rise and shine to this classic dish with a Cali spin – California-Style Eggs Benedict from @EasyHomeMeals. <https://bit.ly/3DNUIjE> #JuneDairyMonth
* For a creamy, tangy, and fruity drink, blend up this Strawberry Lemonade Boba Milk Tea from @EasyHomeMeals. <https://bit.ly/3ko7Umk> #JuneDairyMonth
* For a sweet treat you don’t have to feel guilty about, whip up this Chocolate Greek Yogurt Dip from @ChefJamieGwen and @EasyHomeMeals. <https://bit.ly/2U6q5Dp> #JuneDairyMonth
* Whether cooked on the stove, in the oven, or even on the grill, this Cheesy Beer Dip from @EasyHomeMeals will liven up your next gathering. <https://bit.ly/2R9g8no> #JuneDairyMonth

**Tip Posts:**

* [Timeline

  Description automatically generated](https://www.easyhomemeals.com/tips/say-cheese-please-infographic/)Be sure to keep your refrigerator temperature between 36-40 degrees F. #JuneDairyMonth
* Serving cheese at a party? For best flavor, remove cheese from the fridge 30 minutes-2 hours beforehand. Find more cheese tips here: <https://bit.ly/3F04GiG> #JuneDairyMonth
* Most dairy products remain fresh for 5-7 days after they are opened. #JuneDairyMonth
* Substitute 1 cup Greek yogurt for 1 cup mayonnaise to create a lighter dish. #JuneDairyMonth